

Team Name: Lou Fusz Blue Star 2022
 Club: Lou Fusz
 Head Coach Name: Natalie Simpson
 Head Coach Email: lfalaxnatalie@gmail.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Abby	Hammond	1	Goalie	jhammond205@gmail.com
Annie	Dolan		Midfield	debdolan@me.com
Ava	Forrest	4	Midfield	kristenforrest@yahoo.com
Ava	Ludwig	92	Midfield	barbludwig75@gmail.com
Avery	Calderon	96	Attack	averycalderon@icloud.com
Becca	Ritter	83	Midfield	erica.newsmag@gmail.com
Carly	Lahm	69	Defense	lahmjl@charter.net
Emma	Kinder	3	Defense	darcy@tagsportsgear.com
Emma	Sniadecki	82	Defense	trina73@yahoo.com
Kathryn	Allen	50	Midfield	ronjenniferallen5@gmail.com
Kennedy	Adams	97	Goalie	msgriz@sbcglobal.net
Kiki	Frye	16	Defense	carrie.frye@bayer.com
Lauren	Niesen	93	Attack	bfniesen@hotmail.com
Layla	Selk	17	Midfield	maraselk@hotmail.com
Lucy	Grier	99	Midfield	jannagrier@me.com
Lucy	Richardson	93	Midfield	mollyrichardson4@gmail.com
Madison	Bugh	32	Midfield	jill.bugh@mastercard.com
Meghan	Allen	27	Midfield	ronjenniferallen5@gmail.com
Miah	Lindo	49	Defense	leslindo@yahoo.com
Olivia	Reckamp	36	Attack	douglasreckamp@yahoo.com
Sara	Dodson	94	Defense	bethdodson6@gmail.com
Sophie	Ladendorf	10	Attack	jz2016@aol.com
Tessa	Kasman	36	Midfield	cskasman@mac.com

Team Name: Lou Fusz Blue Star Premier
 Club: Lou Fusz
 Head Coach Name: Natalie Simpson
 Head Coach Email: lfalaxnatalie@gmail.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Alexandra	Johnson	13	M	ajohnson@micds.org
Alyssa	Dozier	28	D	doziera5193@parkwayschools.net
Caitlyn	Mcdermott	5	A	crose2719@icloud.com
Gillian	Neal	98	D	geneal003@gmail.com
Grace	Grana	8	G	gracegrana@icloud.com
Haley	Smith	23	A	hollyann1975@aol.com
Kayla	Huelsmann	16	D	kaylahuelsman@gmail.com
Kharis	Perona	66	M	kharisperona@gmail.com
Kylie	Pettus	22	M	kyliepettus@gmail.com
Kyra	Blondin	40	M	kyrablon@gmail.com
Lauren	Stadnyk	70	A	laurenstadnyk@aol.com
Lillie	Cuddeback	17	A	lilliecuddeback2023@gmail.com
Maggie	Mudd	15	A	maggiemudd04@gmail.com
Maisie	Repp	4	A	maisierepp@stdominichs.org
Meghan	Thomas	75	A	comomeghan@gmail.com
Mia	Stahl	71	M	miastahl24@icloud.com
Molly	Biermann	18	D	mobeans2@gmail.com
Montgomery	Rizer	21	D	mrizer@visitationacademy.org
Rachel	Schultes	80	M	rschultes@ndhs.net
Sarah	Keys	20	D	sarahek14@icloud.com
Skyler	Morrissey	11	A	skyler041804@gmail.com
Sydney	Halfhill	14	M	sarahhalfhill@yahoo.com
Sydney	Staggs	72	M	sydneystaggs2005@gmail.com

Team Name: 214 Dallas 2022
 Club: 214 Dallas
 Lellie Swords
 Rainey Hodgson
 Head Coach Name: Gabby Sinmaz
 Head Coach Email: Lellie@214LACROSSE.COM

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Alexis	Casperson	29	DEFENSE	alexisjcasperson@yahoo.com
Amandalynn	Garst	13	MIDFIELD	anandalynngarst09@gmail.com
Aoi	Suzuki	30	MIDFIELD	aoi.leilani@gmail.com
Ava	Graham	28	DEFENSE	avagraham2110@gmail.com
Avery	Williams	50	GOALIE	williamsa22@go.lisd.net
Bailey	McQuillen	56	MIDFIELD	baileymcquillen96@gmail.com
Brooke	Leonard	55	ATTACK	brooke.leonard.52@gmail.com
Brynn	Belmont	0	ATTACK	brynnashley3@icloud.com
Catherine	Evins	23	DEFENSE	evinscatherine@gmail.com
Erika	Eggers	31	ATTACK	eggers.erikaj@gmail.com
Grace	Harrell	88	MIDFIELD	gkh.88@gmail.com
Hailey	Zutic	21	DEFENSE	haileyzutic@gmail.com
Heidi	Donovan	3	MIDFIELD	heidi.donovan@icloud.com
Irelynd	Manning	27	ATTACK	irelyndmanning@gmail.com
Keira	Yurashek	42	ATTACK	kyurashek@gmail.com
Logan	Risenhoover	15	MIDFIELD	loganrisenhoover@icloud.com
Sarah	Schmit	36	DEFENSE	schmits04@gmail.com
Sophia	Virani	6	MIDFIELD	sophia.virani11@gmail.com
Sydney	London	2	ATTACK	smlondon1000@gmail.com

Team Name: Big 4 HHH National
 Club: Big 4
 Head Coach Name: Sara Munro
 Head Coach Email: smunro@jm3sports.com

Roster			
Name	Jersey #	Position	Email Address
Alexandra Bowman	6	A	serenabowman@me.com
Brooke Stroh	30	D	brad@bills.com
Caroline Mullahy	12	A	jennifermullahy@gmail.com
Catie McCauley	28	M/D	gralicat@gmail.com
CeCe Upton	23	A	j.upton@uptonpartners.com
Christina DeNapoli	1	M	matto31@aol.com
Ellie Traggio	13	M	atraggio@hotmail.com
Gracie McCauley	42	M/D	gralicat@gmail.com
Gracie Mullahy	2	D	jennifermullahy@gmail.com
Josie Vogel	25	M	RVogel@copperminecapital.com
Katina Christensen	32	M	mjchrste@gmail.com
Katy McCullough	38	M	mcculloughliz@ymail.com
Kaylee Dyer	27	A	rdyer@penncharter.com
Lucy Munro	5	A	saramunro@comcast.net
Mia Ferraro	9	A	dferraro@pennoni.com
Paige Crowther	44	G	macrowther@verizon.net
Sawyer Billings	17	M	kellybillings@stanfordalumni.org

Team Name: Florida Select Orange
 Club: Florida Select
 Head Coach Name: Lisa Palmisano
 Head Coach Email: lisapalmtree4@gmail.com

Roster			
Player Name	Jersey #	Position	Email Address
Ally Fine	30	Mid	jfine@totalhealthflorida.com
Ani Penbe	62	Attack	anipenbe03@gmail.com , adrine_herian@hotmail.com
Anna Kate Murrison	31	Def	annakate436@icloud.com
Cam Costolo	32	Mid	Denisecostolo@yahoo.com
Dea Canole	20	Def	gcanole@hotmail.com
Devyn Crone	6	Attack	BBARN@BELLSOUTH.NET
Emma Sizemore	43	Attack	sizemores@outlook.com
Grace Werle	10	Def	threewerles@icloud.com
Jadyn Beard	8	Def	b54beard@yahoo.com , jabeard0611@gmail.com
Kaitlyn Chmelir	17	Attack	annechm@hotmail.com , pl178212@ahscool.com
Kristina Fardales	24	Attack	Kfardales25822@students.mccarthyhigh.org
Lola Mancuso	3	Mid	losmancu@gmail.com
Marisa Cefola	4	Mid	sceff@live.com
Merritt Gill	55	Def	maryagill@comcast.com
Nikki Shin	50	Def	shin.james@comcast.net
Skylar Troyan	40	Goalie	djtroyan@msn.com
Sloan Shade	21	Mid	Cory.Shade@gmail.com
Sophia Scichilone	1	Mid	gopats5@hotmail.com
Sydney Friedman	42	Goalie	dafriedman@att.net
Victoria Mann	25	Def	byevmann@yahoo.com , mann.vic584@gmail.com

Team Name: GRIT Dallas
 Club: GRIT Dallas
 Head Coach Name: Molly Ford
 Head Coach Email: molly@gritlax.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Addi	Eubank	18		addieubank@gmail.com
Addie	Davenport	31		addiedavenport@icloud.com
Anna	Gum	14		agum22@hockaday.org
Bella	Van Hoosier	44		bellaleevh@gmail.com
Cheyenne	Carson-Banister	2		cheyenne.cb14@gmail.com
Claire	Bryant	13		Claire@b6mail.com
Elisa	Carroll	23		Kcarroll@stjohnsschool.org
Faith	Wooters	12		faithwooters@gmail.com
Haley	Wenzel	16		Haleywenzel16@gmail.com
Jenna	Nowland	33		jennanowland26@gmail.com
JJ	Woods	73		jamyriawoods58@gmail.com
Kaileigh	Wallace	21		kaileigh.wallace21@gmail.com
Kate	Bruechner	6		kbruechner@ymail.com
Katelyn	Sclafani	1		kjsclafani@gmail.com
Landry	Grover	11		landrygrover@yahoo.com
Lindsay	Dobson	30		lindsaydobson30@gmail.com
Minje	Kwun	3		minjekwun@yahoo.com
Sadie	Harp	15		sadieharp04@icloud.com

Team Name: GRIT Houston 2022
 Club: GRIT Houston
 Head Coach Name: Kristin Marchese
 Head Coach Email: kristin@gritlax.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Braeden	Arkless	25	Midfield	arkless5@gmail.com
Chase	Coleman	12	Defense	Chase.Coleman@st-agnes.org
Elizabeth	Muller	72	Attack	elizabethhmuller@gmail.com
Elizabeth (Ellie)	Monday	18	M	emonday@sjs.org
Grace	Beilstein	10	Defense	gracebeilstein@gmail.com
Kali	Barnett	23	Defense	kalibarnett24@hotmail.com
Kallie	Carlson	22	Attack	kalliecarlson2022@gmail.com
Kassidy	Isaacson		Midfield	kassidyisaacson@gmail.com
Kate	Manning	80	Goalie	katemanning04@gmail.com
Katie	Broom	14	M/A	katie.broom11@gmail.com
Margaret	Krieg	55	Goalie	makrieg4208@gmail.com
Nyla	Hartigan	24	Attack	nrhartigan@gmail.com
Patricia	Lynn	11	Midfield	plynn2003@gmail.com
Sasha	Arlinghaus	68	Midfield	sasha.arlinghaus@gmail.com
Sian	Weller	8	D/ M	sianwellerlax@gmail.com

Team Name: Iron Horse Austin
Club: Iron Horse
Head Coach Name: Alyssa Cometti
Head Coach Email: ironhorsegirlslax@gmail.com

Roster			
Name	Jersey #	Position	Email Address
Abby Moran	3	Midfield	
Claire Parrish	31	Defense	
Ellen Gernert	33	Goalie	
Hannah Kang	107	Defense	
Jole Lutes-Stein	0	Defense	
Lauren Deardorf	13	Attack	
Lexi Hamilton	115	Attack/Midfield	
Olivia Jensen	1	Attack/Midfield	
Sadie Stevens	37	Midfield	
Sally Whitehead	7	Defense	
Sawyer Fernandez	11	Defense	
Sheridan Dorsey	8	Midfield	
Sydney Goodman		Defense	

Team Name: Jets Pink 22/23
 Club: Jets
 Head Coach Name: Shannon Summers
 Head Coach Email: sbsummers4@gmail.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Amelia	Stencel	23	D	matt.stencel@gmail.com
Bryleigh	Tejchman	14	A	staceytejchman@yahoo.com
Carly	Tepel	11	A	paulatepel@yahoo.com
Clare	Daelemans	70	M	gdaelemans@comcast.net
Emily	Ransom	9	A	ransombubba@yahoo.com
Emma	Levin	1	A	6levins@sbcglobal.net
Faith	Hiss	17	G	jennielouwho1176@aol.com
Gabrielle	Pierpont	5	M	pierponts@comcast.net
Isabella	Jenkins	3	A	jenkins.louis@gmail.com
Maddy	Leahy	7	D	LeahyK@ccso.us
Madeline	Hicks	29	D	elizabeth.hicks@c21nm.com
Margaret	Muldoon	15	M	Cmmuldoon1499@comcast.net
Mia	Levin	6	M	6levins@sbcglobal.net
Promise	Morgan	4	D	christophermorgan072@gmail.com
Rachel	Rothstein	12	D	worldgymlt@gmail.com
Riley	Nichols	50	A	Lnichols728@yahoo.com
Virginia	Fisher	2	M	laxcoachjason@gmail.com

Team Name: Lacrosse Monkey
 Club: Lacrosse Monkey
 Head Coach Name: Andrew Lecker
 Head Coach Email: andrewlecker@gmail.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Angie	Connolly	69	A	conley12@ameritech.net
Brooke	Tjernlund	7	MF	stjernlund@msn.com
Caroline	Ling	9	A	jamieling9@gmail.com
Cate	Kangas	15	D	kakangas@comcast.net
Cate	Isaacson	91	MF	isaacson1@me.com
Ella	Berg	19	MF	cbberg@yahoo.com
Emma	Duscherer	13	MF	jenniferduchscherer@gmail.com
Erika	Ho	85	A	erikaho2022@gmail.com
Eva	Anderson	95	A	drtmanderson@gmail.com
Gabby	Hendricks	33	MF	thhendricks@att.net
Hadley	Keating	81	A	blaseheather@gmail.com
Jaylen	Rosga	2	MF	julie.rosga@gmail.com
Katie	Ling	34	G	jamieling9@gmail.com
Luci	Selander	6	A	krisselander22@msn.com
Mckenna	Cunnington	65	A	carrie@carriecunnington.com
Mckenna	Harrington	27	MF	sdharring7@gmail.com
Molly	Esteepp	69	MF	rachaelestepp@sbcglobal.net
Sofia	Watts	17	A	Watts66@msn.com

Team Name: M&D Orlando Black
 Club: M&D Lax
 Head Coach Name: Chris Robinson
 Head Coach Email: crobinson@robinsonsportsinc.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Abria	Moffitt	38	Defense	
Ava	Sweeney	46	Goalie	sweenescs@yahoo.com
Brianne	Bernhardt	20	Defense	
Delaney	Penn	48	Attack	heatherlpenn@yahoo.com
Ella	Dees	26	Defense	gatorgirl237@yahoo.com
Emma	Millar	55	Midfield	richmillar1@gmail.com
Erin	Balbontin	19	Midfield	balbontp@gmail.com
Frankie	Simpson		Defense/ Midfield	frankielovespink@icloud.com
Grace	Gibson	29	Defense	mgibso13@gmail.com
Jacqueline	Jaskiewicz	31	Midfield	
Jasmine	Beckett		Midfield	kimbeckett387@gmail.com
Lauren	Pittman	42	Attack / Midfield	jillpittman@live.com
Lauren	DeSmedt	27	Attack	chris@itesinc.com
Lily	Kemp	66	Attack / Midfield	kempbrianl@gmail.com
Sophia	Shah	68	Attack	maulikrshah@outlook.com
Sydney	Schumacher	44	Midfield	
Tate	Piercy	41	Defense	

Team Name: Minn Elite U17
 Club: Minn Elite
 Maria Slusser
 Hannah Riggs
 Head Coach Name: Jocelyn Riggs
 mnelitelacrosse@gmail.com
 mnelitegirlsoperations@gmail.com
 Head Coach Email: mnelitegirlstravel@gmail.com

Roster			
Name	Jersey #	Position	Email Address
Anna Stangler	68	Midfield	annastangler55@icloud.com
Brinley Hopper	40	Midfield	kelhopper@comcast.net
Claire Nelson	32	Midfield	lacrossekeith@gmail.com
Ella Day	30	Goalie	jonmday@gmail.com
Emily Johnson	10	Defense	chadrelan@yahoo.com
Emily Moes	47	Midfield	lisagmoes@gmail.com
Erin Duggan	46	Midfield	duggmj@yahoo.com
Isabel Garvin	36	Midfield	jgarvin@temiller.com
Isabella Detienne	14	Attack	susannedetienne@hotmail.com
Jessica Wilhelm	48	Midfield	hswilhelm@charter.net
Josie Lillquist	2	Attack	ann.lillquist@gmail.com
Kate Fifield	37	Midfield	trinafifield@gmail.com
Madison Swenson	7	Midfield	miaswenson@yahoo.com
Megan Sporney	52	Midfield	sporney32@gmail.com
Nicola Santoni	63	Midfield	david.santoni@gmail.com
Olivia Huss	59	Defense	mphuss10@yahoo.com
Peyton State	9	Defense	tonyastate@yahoo.com
Tatum Nyen	50	Defense	arn.nyen@gmail.com
Taylor Kotschevar	18	Midfield	klynkot@aol.com

Team Name: Storm Select
 Club: Storm Select
 Head Coach Name: Mitch Whittington
 Head Coach Email: mwhitt9527@yahoo.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Alex	Johnson	5	Midfield, Defense	alexelsie.johnson@yahoo.com
Amelia	Sewell	51	Defense, Midfield	ameliasewell03@gmail.com
Ella	Currey	65	Defense	ellagcurrey@gmail.com
Frankie	Provenzano	63	Defense	fprovo00@gmail.com
Gabriela	Castro	19	Defense	gabrielacc1@hotmail.com
Gentry	Welch	6	Attack, Midfield	gentrywelch1205@yahoo.com
Hannah	Thomas	28	Midfield	hannahthomaslax@gmail.com
Hannah	Hudson	49	Goalie	sarahudson12@yahoo.com
Isabella	Mims	41	Attack	bmims04@yahoo.com
Jenna	Skibbe	8	Attack, Midfield	jgskibbe@gmail.com
Katie	Kornacki	10	Midfield	bobkorn@live.com
Kylie	Kearon	22	Attack, Midfield	kskearon@gmail.com
Lauren	Kraus	17	Defense, Midfield	lauren.kraus40@gmail.com
Maya	Bronson	1	Attack, Midfield	mayabronson.lax@gmail.com
Riley	Finnegan	48	Goalie	rfinneganisme@hotmail.com
Rylea	Gallemore	70	Attack	rylea@gallemore.me
Samantha	Swanovich	61	Midfield	samanthaswanovich4@gmail.com
Sydney	Jenkins	26	Defense	spjenx@gmail.com

Team Name: True IL High School Premier
 Club: True IL
 Head Coach Name: Collen Speth
 Head Coach Email: cspeth@truelacrosse.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Abigail	Lopata	30		mlopata@mlintl.net
Allison	Ambrogio	24		allie.ambrogio@gmail.com
Alyssa	Lowe	1		alyssa.lowe001@gmail.com
Anna	Mapes	7		annakmapes@yahoo.com
Ava	Regan	17		luckysylvie@sbcglobal.net
Carleigh	Fountain	10		carleighfountain@yahoo.com
Chelsea	Tzau	12		chelseatzau@gmail.com
Jane	Spencer	18		jeaneens@comcast.net
Jillian	Byers	15		jillyg16@yahoo.com
Madison	Powell	9		madisonleighbowell@gmail.com
Makenna	McVey	5		kennalee564@gmail.com
McKenna	Graf	19		charles.graf@sbcglobal.net
Natalie Rose	DeVooght	27		rosedevooght@icloud.com
Olivia	Holmes	21		oliviaholmes2023@comcast.net
Paige	Knight	8		paigeknight04@gmail.com
Taylor	Meltzer	16		bigred0616tm@gmail.com

Team Name: True IL Prospect Premier
 Club: True IL
 Head Coach Name: Collen Speth
 Head Coach Email: cspeth@truelacrosse.com

Roster				
First Name	Last Name	Jersey #	Position	Email Address
Abigail	Rupnow	8		abbi.rupnow@outlook.com
Caitlin	Bowler	3		caitlinbowler1019@gmail.com
Chloe	Bowers	14		chloe-bowers@live.com
Christina	Banas	5		cbanas5552@icloud.com
Isabella	Swanson	29		eebeeb03@gmail.com
Jamie	Weber	28		cjweber318@yahoo.com
Jill	Dennison	23		jilldennison@icloud.com
Julia	Kogan	10		jrkogon18@gmail.com
Katelyn	Olson	25		olsonfamily52@gmail.com
Kelly	Anderson	22		kels135@icloud.com
Kylie	Olson	15		kylienolson25@gmail.com
Lauren	Volk	11		lulu14lkv@icloud.com
Lili	Sorenson	4		lilisorenson1@icloud.com
Marissa	Zeno	51		marissarzenolax@gmail.com
Megan	Walker	17		walker601@comcast.net
Samantha	Balara	13		bluelaxer13@gmail.com
Teagan	Hendricks	12		teaganhendricks@icloud.com